

# Self-Quarantine & Isolation Guidelines

Because ODH recently aligned with CDC guideline the Wayne County Health Department will begin using 10 days as self-isolation for Covid-19 positive individuals effective September 9, 2020.

**Persons diagnosed with COVID-19 who have symptoms** and are directed to care for themselves at home may discontinue isolation under the following conditions:

At least **10 days** have passed since symptom onset



At least **24 hours** have passed since resolution of fever without the use of fever-reducing medications



Other symptoms have **improved.**



**Persons who are determined to be in direct contact to a person diagnosed with Covid-19 will be required to self-quarantine for 14 days.**

*\*This directive is from the Wayne County Public Health Department*