WEIGHE BAGK TO THE GAULT



Spring Hours:

(April 1 - May 31)

Monday - Thursday

6:00 a.m. - 2:30 p.m. & 6:00 - 10:00 p.m.

Friday

6:00 a.m. - 2:30 p.m.

Saturday

7:00 a.m. - 12:00 p.m.

Sunday

CLOSED

UPDATES:

- All users must check-in.
- Please conduct a self-assessment of symptoms for COVID-19 before coming in.
- The Track will operate with new rules: Walkers are in lanes 1-2 ONLY and runners will be in lane 6 ONLY. All track users will be going in the same direction.
- To use the Lift Zone you must wipe down the equipment BEFORE and AFTER you use it.
- Masks are required for entry for ALL users, members, and spectators, but not mandatory while ACTIVELY exercising.
- Members must be 6 feet apart at all times.

REMINDERS:

- Bring your own water bottle and workout mat if needed.
- Courts will be open given proper social distancing guidelines can be met you must supply your own equipment (basketball, volleyball, etc.)

In accordance with COVID-19 capacity guidelines, the Gault Rec Center will be closed on Saturday, April 10 for an event.